



Upcoming Meetings

January 11
February 8
March 14
10:00 to 11:30 a.m.
Orinda City Hall
Community Room
*January meeting in
Planning Conference
room-1st floor*
*Guest speaker at this
month's meeting*

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January 2012

Happy New Year! Here's to a happy, healthy and safe 2012! The Coalition has been in existence for a little over a year and before we look forward to an exciting New Year, let's take a look back at what we have accomplished:

- We have had 15 successful coalition meetings uniting the three communities in our goal to reduce underage drinking in Lamorinda.
- We have the support of the three local Police Departments, City Councils, High Schools, Middle Schools and School Superintendents, just to mention a few of our allies.
- We have worked together with the three Police Departments to enact a new code identifying a call which involves alcohol and an underage person.
- We have distributed and collected hundreds of parent pledges to increase parent awareness and highlight how important parent involvement is in reaching our goal.
- We have garnered media attention from the Contra Costa Times, Lamorinda Weekly, Orinda News, School newspapers and Fox Channel 2 News.

Looking forward to 2012...we're just getting started

Here are some of our projects on the horizon for this year:

- A partnership with St. Mary's College
- Spreading the word to elementary school parents
- A joint partnership with the San Ramon Valley working group to reduce theft of alcohol in local Safeways

- Lamorinda Listens (see below)
- Plus more...

Prevention expert to speak at January 11 Coalition

We are pleased to announce that Angela Da Re, Director of Prevention Programs for the National Council on Alcoholism and Drug Dependency, will speak at the next Coalition meeting. Ms. Da Re has 15 years of experience in the field of substance abuse prevention and youth violence prevention programs and strategies as well as community mobilization. She will cover the basic foundation for using environmental prevention strategies as well as the distinctions between environmental and individual-based prevention. Participants will learn about current research and will discuss how to increase the coalition's effectiveness in the community.

Come join us. All are welcome! This is a fantastic way to kick off the New Year!

Sign the Pledge

Show your commitment to the work that the Coalition is doing by signing our parent pledge!

[Sign the pledge!](#)



Lamorinda Listens

Lamorinda Listens is an initiative by the Coalition. Each month we will feature a new topic and talking point for the community. The topics will all deal with the health and wellness of our young people. Our goal is to unite Lamorinda by encouraging community members to discuss these very important topics in their own families and with each other. This will promote better awareness and discussion.

January's topic is: *Just sharing family meals together can reduce teen drug and alcohol use.*

A report by the National Center on Addiction and Substance Abuse at Columbia University states that

compared to teens who eat dinner with their families five to seven times per week, those who don't are twice as likely to have used tobacco, nearly twice as likely to have used alcohol and 1.5 times more likely to have used marijuana.

Look out for our fliers about town and spread the word!



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The goal of the Lamorinda Alcohol Policy Coalition is to reduce youth access to alcohol and underage drinking and to create a healthy and safe environment for youth in our communities.

Lamorinda Alcohol Policy Coalition is facilitated by the Center for Human Development and funded by Contra Costa County Health Services, Alcohol and Other Drugs Division.

Center for Human Development
Changing Lives, Transforming Communities